

WELLSPAN HEALTH ~ YORK HOSPITAL

DEPARTMENT OF Pediatrics

Exercise Restrictions and Sudden Cardiac Death
WellSpan York Hospital, December 11, 2019 08:00 AM to 09:00 AM

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Disclosure of Commercial Interest:

The following disclosures have been made by the speaker(s):

Thomas Chin, MD: Nothing to disclose

The following disclosures have been made by planners and content reviewers:

Bohrn, Michael (Committee Member) : Nothing to disclose

Turkewitz, David (Activity Director) : Nothing to disclose

Objectives:

At the conclusion of this presentation, participants should be able to:

- 1 Discuss the incidence and causes of sudden cardiac death in teenage students and athletes.
- 2 Cite the recent recommendation for sports and exercise restriction in students with heart conditions.
- 3 Identify the role, efficacy, justification, and different approaches to cardiac screens in students.

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