

WELLSPAN HEALTH ~ YORK HOSPITAL

DEPARTMENT OF Internal Medicine Family Medicine

Sports Concussion vs. Mild TBI Management: A Head to Head Comparison

WellSpan York Hospital, December 19, 2019 07:45 AM to 08:45 AM

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Disclosure of Commercial Interest:

The following disclosures have been made by the speaker(s):

Kevin Valvano, DO: Nothing to disclose

Ellen Deibert, MD: Nothing to disclose

The following disclosures have been made by planners and content reviewers:

Bohrn, Michael (Activity Coordinator) : Nothing to disclose

Delp, Andrew (Activity Director/Committee) : Nothing to disclose

Wilkens, Karl (Faculty Planner) : Nothing to disclose

Objectives:

At the conclusion of this presentation, participants should be able to:

- 1 Discuss diagnosis of a Sports Concussion by obtaining relevant history and performing approximate physical exam.
- 2 Describe guidelines to return to play and new approaches to treatment in sports injuries.
- 3 Describe the complexity of concussion (mild TBI) management and the requirement for an appropriate multidisciplinary approach, often under the care of a specialist.

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